



EVALUATION CARD

Summer 2026

STUDENT NAME: Jill Monteiro

TEAM LEVEL: Intermediate

MANDATORY TRAINING	COMMENTS
Intermediate	<p>GREAT work this semester - loads of improvement! Continue to work on the following concepts: Avoid extending your knees in turns/spins, spotting the lead even in simple figures, work on expanding your body movement from rib cage rather than isolated arms, use more hip movement and opposition for better momentum for multiple turns/preps.</p>

"TRIAL" indicates a 2-week period in the assigned class level where the instructors will observe a new student's ability to keep up with the class to ensure the level is the best fit. Students will only be contacted at the end of the 2-week trial period if the teaching team determines that a level change is necessary. If no contact is made, the student may continue in the assigned class level

SCORES	CRITERIA DESCRIPTION
Salsa On2 Timing & Musicality	Score: 4 About 80% active awareness of the beat and connection to tempo and rhythm; shows consistent timing with minor slips in complicated patterns; interacts well with the musical changes and phrasing.
Connection to Partner & Responsiveness	Score: 4 Solid connection with partner; gives or receives cues well; may show glimpses of "flow state" with their partner Flow State: When you are not actively thinking about figures or "patterns" -- when your body is on auto pilot and simply "flowing" with your partner and the music.
Posture / Alignment & Frame	Score: 4 Strong frame and aligned posture; back is engages; shoulders are down; can hold balance and structure well through movement with correct weight transfer, but may fall off balance at times.
Body Movement & Flow	Score: 4 Smooth, intentional and coordinated body movement with comfort and confidence; need more fluidity and flexibility.

Footwork Precision & Cleanliness

Score: 4 | Precise, clean footwork with correct placement; executed with confidence; minor lack of control.

Expression & Styling

Score: 4 | Confident and engaged in trying to add expression; energy and enjoyment is present; styling is enhancing the dance and is not disruptive; may lack cleanliness or connection in musicality.

[Weekly Class Schedule](#)

[Tropik Vybe Member Rubric](#)