



EVALUATION CARD

Spring 2026

STUDENT NAME: Olga Eriksson

TEAM LEVEL: Intermediate

MANDATORY TRAINING	COMMENTS
<p>Fundamentals, Advanced Beginner, Intermediate, Add-On: Ladies Styling</p>	<p>GREAT improvement this semester! Continue to work on matching weight change and timing accents with your partner more immediately. Continue to work on spotting with a full range of motion without breaks, as well as staying low and engaged with your legs.</p> <p>The Fundamental classes are available to you, but not mandatory.</p> <p>If you DO NOT have "TRIAL" placed next to a class in the Mandatory Training section, IGNORE the note below.</p>

"TRIAL" indicates a 2-week period in the assigned class level where the instructors will observe a new student's ability to keep up with the class to ensure the level is the best fit. Students will only be contacted at the end of the 2-week trial period if the teaching team determines that a level change is necessary. If no contact is made, the student may continue in the assigned class level

SCORES	CRITERIA DESCRIPTION
<p>Salsa On2 Timing & Musicality</p>	<p>Score: 4 About 80% active awareness of the beat and connection to tempo and rhythm; shows consistent timing with minor slips in complicated patterns; interacts well with the musical changes and phrasing.</p>
<p>Connection to Partner & Responsiveness</p>	<p>Score: 4 Solid connection with partner; gives or receives cues well; may show glimpses of "flow state" with their partner Flow State: When you are not actively thinking about figures or "patterns" -- when your body is on auto pilot and simply "flowing" with your partner and the music.</p>
<p>Posture / Alignment & Frame</p>	<p>Score: 3 Basic posture and alignment is clear and understood; minor misalignment or weight placement issues.</p>

Body Movement & Flow	Score: 4 Smooth, intentional and coordinated body movement with comfort and confidence; need more fluidity and flexibility.
Footwork Precision & Cleanliness	Score: 4 Precise, clean footwork with correct placement; executed with confidence; minor lack of control.
Expression & Styling	Score: 4 Confident and engaged in trying to add expression; energy and enjoyment is present; styling is enhancing the dance and is not disruptive; may lack cleanliness or connection in musicality.

[Weekly Class Schedule](#)

[Tropik Vybe Member Rubric](#)