



EVALUATION CARD

Fall 2025

STUDENT NAME: Sara Ventura

TEAM LEVEL: Intermediate

MANDATORY TRAINING	COMMENTS
<p>Mondays 8:30 PM Advanced Beginner, Wednesdays 8:30 Intermediate</p>	<p>Continue to work on control and active social dancing as much as possible when you can!</p> <p>*** Ladies Styling Level Qualified -- If you'd like to sign up, please go see the front desk and show them this Evaluation.</p>

SCORES	CRITERIA DESCRIPTION
Salsa On2 Timing & Musicality	Score: 4 About 80% active awareness of the beat and connection to tempo and rhythm; shows consistent timing with minor slips in complicated patterns; interacts well with the musical changes and phrasing.
Connection to Partner & Responsiveness	Score: 4 Solid connection with partner; gives or receives cues well; may show glimpses of "flow state" with their partner Flow State: When you are not actively thinking about figures or "patterns" -- when your body is on auto pilot and simply "flowing" with your partner and the music.
Posture / Alignment & Frame	Score: 4 Strong frame and aligned posture; back is engages; shoulders are down; can hold balance and structure well through movement with correct weight transfer, but may fall off balance at times.
Body Movement & Flow	Score: 3 Clear coordination and understanding of movement, but lacks natural smoothness and comfort.
Footwork Precision & Cleanliness	Score: 3 Clean and intentional footwork with minor inconsistencies; may lack control at times.
Expression & Styling	Score: 3 Showing enjoyment and energy; styling is coordinated and complimentary to the dance, but may lack some control and cleanliness at times.

