



EVALUATION CARD

Fall 2025

STUDENT NAME: Elizabeth Cao

TEAM LEVEL: Advanced Beginner

MANDATORY TRAINING	COMMENTS
Mondays 7:00 PM Fundamentals, Mondays 8:30 PM Advanced Beginner, Wednesdays 7:00 Fundamentals	Application and intentional training is what will be KEY for you! *** Ladies Styling Level Qualified -- If you'd like to sign up, please go see the front desk and show them this Evaluation.

SCORES	CRITERIA DESCRIPTION
Salsa On2 Timing & Musicality	Score: 4 About 80% active awareness of the beat and connection to tempo and rhythm; shows consistent timing with minor slips in complicated patterns; interacts well with the musical changes and phrasing.
Connection to Partner & Responsiveness	Score: 3 Basic lead/follow skills are present and intentional; may occasionally misinterpret a cue or signal; minor interruptions in partner connection.
Posture / Alignment & Frame	Score: 3 Basic posture and alignment is clear and understood; minor misalignment or weight placement issues.
Body Movement & Flow	Score: 2 Developing coordination, but struggling with smooth and natural transitions between movements or steps.
Footwork Precision & Cleanliness	Score: 2 Basic footwork is understood, but lacks control and polishing.
Expression & Styling	Score: 3 Showing enjoyment and energy; styling is coordinated and complimentary to the dance, but may lack some control and cleanliness at times.