



EVALUATION CARD

Spring 2026

STUDENT NAME: Sinai Diaz

TEAM LEVEL: Performance Team

MANDATORY TRAINING	COMMENTS
Intermediate, Performance Team	You have been doing amazing and continue to show improvement. We love your self motivation driven by results and we are so proud! Continue to work on mobility, flexibility in the lower body, and stretching your movement overall WHILE working on precision and articulation. This begins to separate performers with raw movement and polished movement.

"TRIAL" indicates a 2-week period in the assigned class level where the instructors will observe a new student's ability to keep up with the class to ensure the level is the best fit. Students will only be contacted at the end of the 2-week trial period if the teaching team determines that a level change is necessary. If no contact is made, the student may continue in the assigned class level

SCORES	CRITERIA DESCRIPTION
Salsa On2 Timing & Musicality	Score: 4 About 80% active awareness of the beat and connection to tempo and rhythm; shows consistent timing with minor slips in complicated patterns; interacts well with the musical changes and phrasing.
Connection to Partner & Responsiveness	Score: 4 Solid connection with partner; gives or receives cues well; may show glimpses of "flow state" with their partner Flow State: When you are not actively thinking about figures or "patterns" -- when your body is on auto pilot and simply "flowing" with your partner and the music.
Posture / Alignment & Frame	Score: 3 Basic posture and alignment is clear and understood; minor misalignment or weight placement issues.
Body Movement & Flow	Score: 4 Smooth, intentional and coordinated body movement with comfort and confidence; need more fluidity and flexibility.
Footwork Precision & Cleanliness	Score: 4 Precise, clean footwork with correct placement; executed with confidence; minor lack of control.

Expression & Styling	Score: 4 Confident and engaged in trying to add expression; energy and enjoyment is present; styling is enhancing the dance and is not disruptive; may lack cleanliness or connection in musicality.
Flexibility & Quality of Movement	Score: 3 Improvement in stretch is visible; adequate flexibility for choreography; able to complete most movements without much restriction.
Stage Presence & Confidence	Score: 4 Performer shows clear confidence in the routine and ownership of the stage; engages with the audience and other teammates with strong energy.
Team Synchronicity & Formations	Score: 3 Generally synchronized with team movement; maintain approximate spacing and formations, but may lag or speed up when changes and movement are happening; occasional timing or spacing issues.
Execution of Choreography	Score: 4 Mostly crisp, clean, and intentional movement; routine is well-rehearsed and executed confidently; few to no corrections needed.

[Weekly Class Schedule](#)

[Performer Rubric](#)