



EVALUATION CARD

Spring 2026

STUDENT NAME: Laddi Lopez

TEAM LEVEL: Performance Team

MANDATORY TRAINING	COMMENTS
<p>Intermediate, Performance Team</p>	<p>Work on mobility, flexibility, agility, and stretching your overall upper and lower body movement. Continue to work on maintaining timing through more intricate patterns. Work on practicing outside of class as much as you can especially for performance. Proud of the work you are putting in - keep working!</p> <p>The Fundamental and Advanced Beginner classes are available to you, but not mandatory.</p> <p>If you DO NOT have "TRIAL" placed next to a class in the Mandatory Training section, IGNORE the note below.</p>

"TRIAL" indicates a 2-week period in the assigned class level where the instructors will observe a new student's ability to keep up with the class to ensure the level is the best fit. Students will only be contacted at the end of the 2-week trial period if the teaching team determines that a level change is necessary. If no contact is made, the student may continue in the assigned class level

SCORES	CRITERIA DESCRIPTION
<p>Salsa On2 Timing & Musicality</p>	<p>Score: 4 About 80% active awareness of the beat and connection to tempo and rhythm; shows consistent timing with minor slips in complicated patterns; interacts well with the musical changes and phrasing.</p>
<p>Connection to Partner & Responsiveness</p>	<p>Score: 4 Solid connection with partner; gives or receives cues well; may show glimpses of "flow state" with their partner Flow State: When you are not actively thinking about figures or "patterns" -- when your body is on auto pilot and simply "flowing" with your partner and the music.</p>
<p>Posture / Alignment & Frame</p>	<p>Score: 4 Strong frame and aligned posture; back is engages; shoulders are down; can hold balance and structure well through movement with correct weight transfer, but may fall off balance at times.</p>

Body Movement & Flow	Score: 3 Clear coordination and understanding of movement, but lacks natural smoothness and comfort.
Footwork Precision & Cleanliness	Score: 3 Clean and intentional footwork with minor inconsistencies; may lack control at times.
Expression & Styling	Score: 3 Showing enjoyment and energy; styling is coordinated and complimentary to the dance, but may lack some control and cleanliness at times.
Flexibility & Quality of MovementScore	Score: 2 Slight improvement in range of stretch, but noticeably tight in specific areas (hips, shoulders, ribcage, back, legs etc); inhibits movement quality, styling, tricks, kicks etc).
Stage Presence & Confidence	Score: 2 Confidence is inconsistent; low energy or forced expressions; brief moments of disengagement from audience.
Team Synchronicity & Formations	Score: 2 Slight improvement has been made, but frequently off in movement compared to teammates; unsure of formation placements; needs frequent correction.
Execution of Choreography	Score: 1 Major memory lapses; inability to to execute routine without stopping or showing clear uncertainty of the choreography.

[Weekly Class Schedule](#)

[Performer Rubric](#)