



EVALUATION CARD

Spring 2026

STUDENT NAME: Juan Rosado

TEAM LEVEL: Performance Team

MANDATORY TRAINING	COMMENTS
<p>Intermediate, Performance Team</p>	<p>Continue to work on mobility, flexibility, and stretching all your upper and lower body movement. Work on speed and control especially for performance. Continue to explore adding more vocabulary into your social dance using tools from the intermediate team.</p> <p>The Fundamental and Advanced Beginner classes are available to you, but not mandatory.</p> <p>If you DO NOT have "TRIAL" placed next to a class in the Mandatory Training section, IGNORE the note below.</p>

"TRIAL" indicates a 2-week period in the assigned class level where the instructors will observe a new student's ability to keep up with the class to ensure the level is the best fit. Students will only be contacted at the end of the 2-week trial period if the teaching team determines that a level change is necessary. If no contact is made, the student may continue in the assigned class level

SCORES	CRITERIA DESCRIPTION
<p>Salsa On2 Timing & Musicality</p>	<p>Score: 4 About 80% active awareness of the beat and connection to tempo and rhythm; shows consistent timing with minor slips in complicated patterns; interacts well with the musical changes and phrasing.</p>
<p>Connection to Partner & Responsiveness</p>	<p>Score: 4 Solid connection with partner; gives or receives cues well; may show glimpses of "flow state" with their partner Flow State: When you are not actively thinking about figures or "patterns" -- when your body is on auto pilot and simply "flowing" with your partner and the music.</p>
<p>Posture / Alignment & Frame</p>	<p>Score: 4 Strong frame and aligned posture; back is engages; shoulders are down; can hold balance and structure well through movement with correct weight transfer, but may fall off balance at times.</p>

Body Movement & Flow	Score: 4 Smooth, intentional and coordinated body movement with comfort and confidence; need more fluidity and flexibility.
Footwork Precision & Cleanliness	Score: 4 Precise, clean footwork with correct placement; executed with confidence; minor lack of control.
Expression & Styling	Score: 4 Confident and engaged in trying to add expression; energy and enjoyment is present; styling is enhancing the dance and is not disruptive; may lack cleanliness or connection in musicality.
Flexibility & Quality of Movement	Score: 3 Improvement in stretch is visible; adequate flexibility for choreography; able to complete most movements without much restriction.
Stage Presence & Confidence	Score: 3 Performer demonstrates an improvement and more natural effort in confidence; expressions and presence are generally appropriate but may lack polishing or full commitment; some connection with audience, but may disengage often.
Team Synchronicity & Formations	Score: 3 Generally synchronized with team movement; maintain approximate spacing and formations, but may lag or speed up when changes and movement are happening; occasional timing or spacing issues.
Execution of Choreography	Score: 3 Executes the routine clearly with minor mistakes; confident in executing sequences.

[Weekly Class Schedule](#)

[Performer Rubric](#)